

Peer Support Groups

Frequently Asked Questions (FAQs)

Q. Why are the Peer Support Groups ending?

A. The Peer Support Groups are concluding on December 31, 2025 as part of the Youth Worker Well-Being Project's ongoing evaluation of program alignment and impact. The initial goal of Peer Support Groups was to serve 2,000 unique youth workers per year, but since the program launched in late 2023 it has seen about 150 individuals participate. While we have consistently received positive feedback from youth workers who participate, Peer Support Groups have not impacted the intended number of youth workers needed to sustain the program. Concluding the groups at the end of the year allows us to refocus resources on the next phase of youth worker well-being support, ensuring long-term sustainability and impact.

Q. When will the last Peer Support Group session take place?

A. Peer Support Groups will continue through the end of December (including all holidays), with the final session taking place Wednesday, December 31 at 12 p.m. ET. We encourage participants to attend these final sessions as an opportunity to reflect, celebrate, and close together as a community.

Q. What will happen to the group facilitators?

A. Hope Haven Psychological Resource facilitators have been instrumental in creating a welcoming space for these groups. As a contracted partner, they will continue their mental health work apart from the Youth Worker Well-Being Project. We are working directly with Hope Haven leadership to support the transition and capture lessons learned that will inform future programming.

Q. What other Youth Worker Well-Being Project supports are available to me?

A. Youth workers whose organizations are enrolled in telemedicine & virtual mental health services through the Youth Worker Well-Being Project still have access to individual virtual mental health services through First Stop Health. If your organization is not enrolled, check out the website to learn more about eligibility and next steps. <https://iyi.org/youth-worker-well-being-project/telemedicine-virtual-mental-health-services/>

Q. Who can I contact with additional questions?

A. Please reach out to the Youth Worker Well-Being staff at ywwellbeing@iyi.org with any additional questions. We are here to support you through this transition.



Learn more by scanning the QR code or visiting the website.

youthworkerwellbeing.org