

# Indiana Youth Worker Well-Being Project

## Telemedicine & Virtual Mental Health Services Overview

## Partners



INDIANA  
Afterschool  
NETWORK



INDIANA  
YOUTH  
INSTITUTE



## Telemedicine & Virtual Mental Health Services

All eligible Indiana community-based youth-serving organizations can sign up for access to telemedicine and virtual mental health services for youth workers at no cost.

[Telemedicine](#) and [virtual mental health services](#) offered through the Youth Worker Well-Being Project are provided by [First Stop Health](#) and include the following features:

- Confidential diagnosis and treatment via phone and video. Prescriptions provided by a doctor when appropriate.
- Solution-focused mental health services for issues like anxiety, stress, depression, grief, marital & family challenges, workplace issues, and alcohol & drug dependencies.
- No cost to enrolled employees and up to seven members of their immediate household for using services.
- Youth workers and their families can connect with board-certified doctors and schedule appointments with licensed counselors 24/7 in all 50 states within minutes of a request.

**Interested organizations must complete an [Eligibility Verification Survey](#).** The survey should be completed by the organization's executive director, chief executive officer, or person with authority to make decisions on behalf of the organization. Organizations can enroll on a rolling basis as spots are still available statewide.

**[Begin your organization's Eligibility Verification process by completing the survey.](#)**

Health services provided by First Stop Health launch the first day of the following month for newly enrolled organizations. Enrolled employees will receive communications from First Stop Health with details on using services at that time.

## Enrollment Checklist

All eligible Indiana community-based youth-serving organizations can sign up for access to telemedicine and virtual mental health services for youth workers at no cost.

Please use the checklist below to ensure all steps for enrollment are completed.



Complete Eligibility Verification Survey at [youthworkerwellbeing.org](https://youthworkerwellbeing.org).



Receive email from IYI within 5 business days verifying eligibility and providing next steps overview.



Receive secure email from Strategic Enrollment Services (SES) with instructions on completing organization enrollment.



Complete all sections of census template & return to SES through secure encrypted email.



Receive welcome email from SES with instructions on accessing enrollment system login (Employee Navigator) for regular HR management of employee information.



First Stop Health services launch the first day of the month following submission of completed employee census.